



250 Hospital Place, Soldotna, AK 99669 • (907) 714-4404 • www.cpggh.org

Laboratory (907) 714-4418

Patient Instructions for Collecting Stool

- Specimens should not be collected 7-10 days after barium, bismuth, antidiarrheal medication or oily laxatives have been given.
- If more than 1 specimen is requested (for the same test i.e. Ova & Parasite or Occult Blood x3), specimens should be collected on separate days.
- Never collect specimens from the toilet bowl or samples contaminated with urine.

Liquids in the vials are poisonous. ☠ Do not drink. Keep out of the reach of children and pets.

ANTEDEOTE if swallowed: Give a glass of milk. Follow with a tablespoon of salt in a glass of warm water. Repeat until vomit is clear. Contact a physician or poison control center IMMEDIATELY.

If any liquid from the vials or stool specimen gets into your eyes or on your skin rinse the area with plenty of water. If discomfort or irritation develops, contact a physician.

Collection Instructions- Please call the laboratory if you have questions.

1. Adult/Child: Collect stool using a toilet "hat" provided by the laboratory.
Diaper: Wrap the child's bottom in plastic wrap, scrape stool from the plastic into containers provided.
2. Fill only one vial at a time.
3. Carefully open vial. Using the scoop attached to lid, fill vial until liquid reaches the fill line (do not overfill). A bloody, slimy or watery area of stool should be selected. If stool is hard, collect small amounts from both ends and the middle, then place into each vial.
4. Place screw top back on tightly.
5. Shake each specimen container vigorously.
6. Label each specimen container with the patient's first & last name, date and time collected. Place in biohazard bag.
7. All containers should be refrigerated (not frozen) and brought back as soon as possible. Card samples can be left at room temperature.